



**INCLUSION CRITERIA FOR MOBILITY ALGORITHM:**

- Able to follow commands
- Stable vital signs, including oxygen saturation
- Needs assistance with transfers and/or ambulation
- Willing to participate in mobility activities

**EXCLUSION CRITERIA:**

- Unstable vital signs
- Orthostatic by blood pressure or pulse criteria
- Specific weight-bearing restrictions in place
- Acute fracture
- Acute stroke
- Recent arrhythmia
- Recent cardiac ischemia
- Hemoglobin < 7 gm/dL
- Platelet count < 20,000
- Agitated, aggressive, or impulsive behavior

**NOTES:**

- At onset of treatment, note patient's previous level of mobility and exercise capacity - consider PT/OT evaluation and treatment if patient is not at baseline activity
- If patient tolerates chair activity then he/she should be up in chair for all meals
- If PT is consulted, staff following the mobility protocol should continue to mobilize patient, in addition to PT treatment sessions, as per recommendations from PT
- For patients requiring airborne or AFB isolation precautions, a hospital infection control practitioner should be consulted regarding appropriate precautions before undertaking physical activity outside of the patient's room